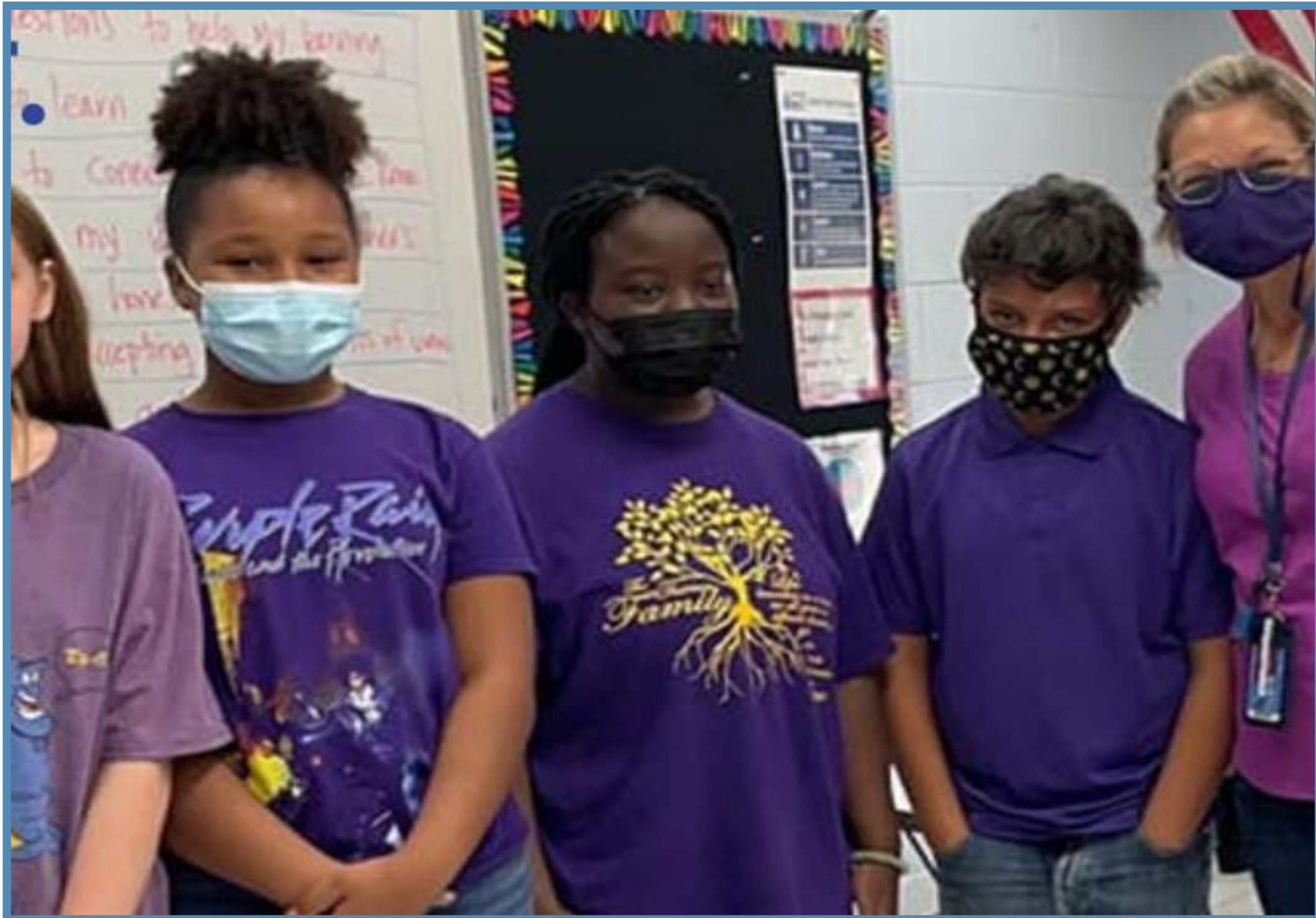




HERNANDO
SCHOOL DISTRICT

Learn it. Love it. Live it.



Learn it. Love it. Live it.

Connecting Students Academically & Emotionally



Welcome &
Introductions

This Is How We Love It

Today's Agenda

- Overview of HCSD Student Services Department
- Mental Health Services in Schools
- 504 Parent/Guardian Info
- Vaping 101



This Is How We Live It



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This Is How We Learn It

Student Services Mission

“To promote mental health and educational development in Hernando County’s children and youth by providing focused interventions resulting in positive academic social and emotional outcomes for students, families, schools, and community members.”



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Student Services Staff



- School Psychologists*
 - School Social Workers*
 - Substance Use Educators
 - Certified School Counselors*
 - Oversight of School Clinics
- *=school based mental health professionals

Student Services Responsibilities

Student Code of Conduct	**Mental Health
**504	Intervention Groups
Anti Bullying/Harassment	Psycho- Educational Evaluations
Attendance	Functional Behavior Assessments for 504
Administrative Hearings	Registration
Behavioral Interventions	Clinic
Incarcerated Youth	Formal Complaint Process
State Mandated Mental Health Requirements	Teen Parenting Program

Connecting Students with Resources



Mental Health Services in Schools:

- Tier 1 - All Students- PBiS
- Tier 2 - Some students(small groups)
- Tier 3 - Individual Students
- 1 Social Worker at every school site(General Fund, MHAA and Millage)

Connecting Schools and Community

Empowering You!

PARENT AND COMMUNITY FORUM ON THE EFFECTS OF MENTAL HEALTH ON STUDENTS
Areas of focus: Academics, Attendance, Behaviors & Substance Abuse

Special Presentation by students
Live entertainment by: LaRon Hearst & more

Host: Dell D. Barnes Sr.
Manager of Family & Community Engagement

IMPACT
Hernando County Schools

H **HERNANDO SCHOOL DISTRICT**

Come and join the conversation!
Free community/resource tables, live entertainment and food!

February 28, 2022 5:00 PM – 7:30 PM
Hernando High School Auditorium
111 Ernie Chatman Run, Brooksville, FL 34601

A collaboration between Hernando County Schools and the Hernando Community Coalition

HCC
Hernando County Coalition
A Collaboration of Community Organizations

Call 352-797-7070 Ext. 449 or 257 for more info
barnes_d@hcsb.k12.fl.us

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- Student Services staff connect students and families to services in the community such as:
 - Dept. of Children & Families
 - Dept. of Juvenile Justice
 - Kids Central, Inc.
 - Youth and Family Alternatives
 - Baycare
 - Hernando County Coalition
 - Multiple mental health providers

Understanding the 504 Process



When does a student need a 504?

Student is identified as having a disability that substantially limits a major life activity.

School Team may need more information, they will request your consent to evaluate the student

Team will meet and determine eligibility and determine what types of support, or accommodations, are appropriate to meet the student's needs.

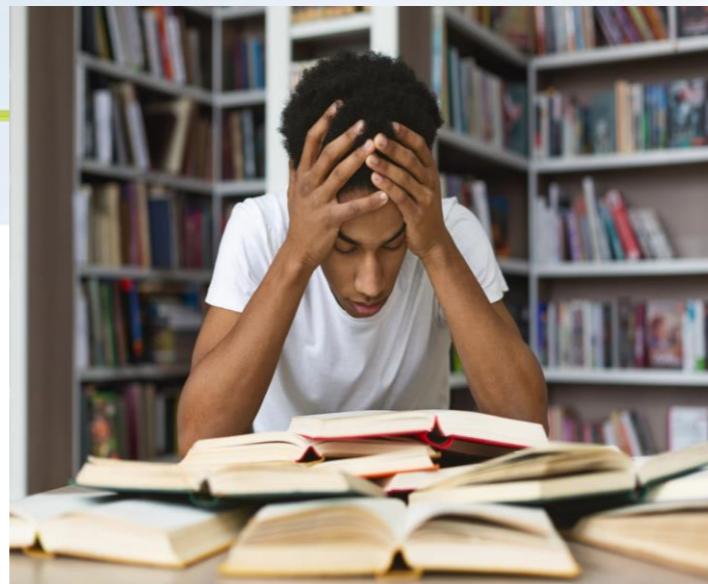
WHY IS MENTAL WELLNESS IMPORTANT?

- The ability to learn
- The ability to feel, express, and manage a range of positive and negative emotions
- The ability to form and maintain good relationships with others
- The ability to cope with and manage change and uncertainty



THE EFFECTS OF MENTAL HEALTH ON ACADEMICS

- Early Warning signs include a change or decrease in grades, attendance and/or behavior.
- If a student is struggling with dealing with stress, coping with anxiety or any other issues that can impact their well being, then one of the first signs of this may be a decrease in grades.



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THE EFFECTS OF MENTAL HEALTH ON ACADEMICS

If your child is refusing to go to school, their grades have dropped, they are having difficulty focusing, are withdrawing from social interactions or do not want to participate in activities, mental health support may be needed. Please reach out to school based & community based resources.



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THE EFFECTS OF MENTAL HEALTH ON SCHOOL ATTENDANCE

Attendance Matters!



Every Student, Every School, Every Day



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SIGNS & SYMPTOMS OF MENTAL HEALTH THAT AFFECT SCHOOL ATTENDANCE

- Expressing concerns about what to expect at school or about being away from a parent
- Difficulties starting or finishing school work
- Little or no socialization with peers
- Seeking adult attention frequently; School avoidance behaviors may increase if the child's needs continue to be unmet.

SIGNS & SYMPTOMS OF MENTAL HEALTH THAT AFFECT SCHOOL ATTENDANCE

- Complaints of feeling ill or becoming sick
- Crying or sadness
- Becoming easily frustrated or quick to anger
- Refusing to leave home, get on the bus, or walk into the school building



THINGS FAMILIES CAN DO WHEN A CHILD BEGINS TO SHOW SCHOOL AVOIDANCE BEHAVIORS

- Make an appointment with a physician to rule out any illnesses if your child is experiencing physical symptoms.
- Talk with your child about the reasons they do not want to go to school. If they can share their reasons, validate their feelings and talk about ways to resolve stressful situations.
- Insist your child attend school every day, even if it is for a limited amount of time.

THINGS FAMILIES CAN DO WHEN A CHILD BEGINS TO SHOW SCHOOL AVOIDANCE BEHAVIORS:

- Discuss your child's school avoidance with the School Social Worker and ask for support and assistance.
- Talk with your child's physician and/or mental health care professional about your concerns and work with them to develop a treatment plan.

THINGS FAMILIES CAN DO WHEN A CHILD HAS MULTIPLE SCHOOL ABSENCES

- Learn and understand the attendance policies for your child's school
- Keep a record of your child's absences, late arrivals, and early departures from school
- Request a copy of your child's attendance records and make sure they are accurate. Contact the school to find out how to have inaccurate attendance records corrected



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THINGS FAMILIES CAN DO TO ADDRESS MULTIPLE ABSENCES

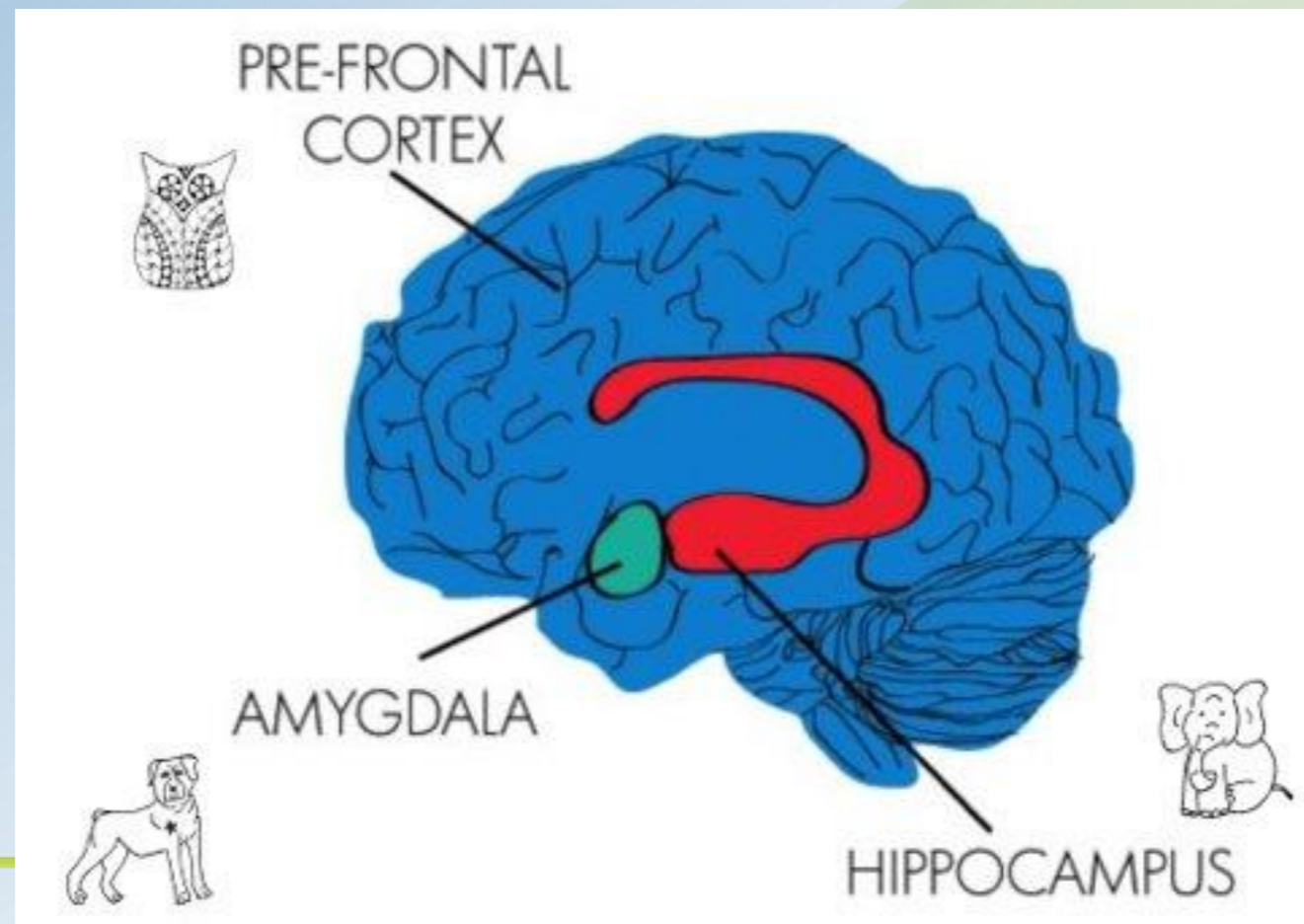
- If your child has an Individualized Education Program (IEP) or a 504 plan, request a team meeting to discuss making changes to their educational plan.



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THE EFFECTS OF MENTAL HEALTH ON BEHAVIOR



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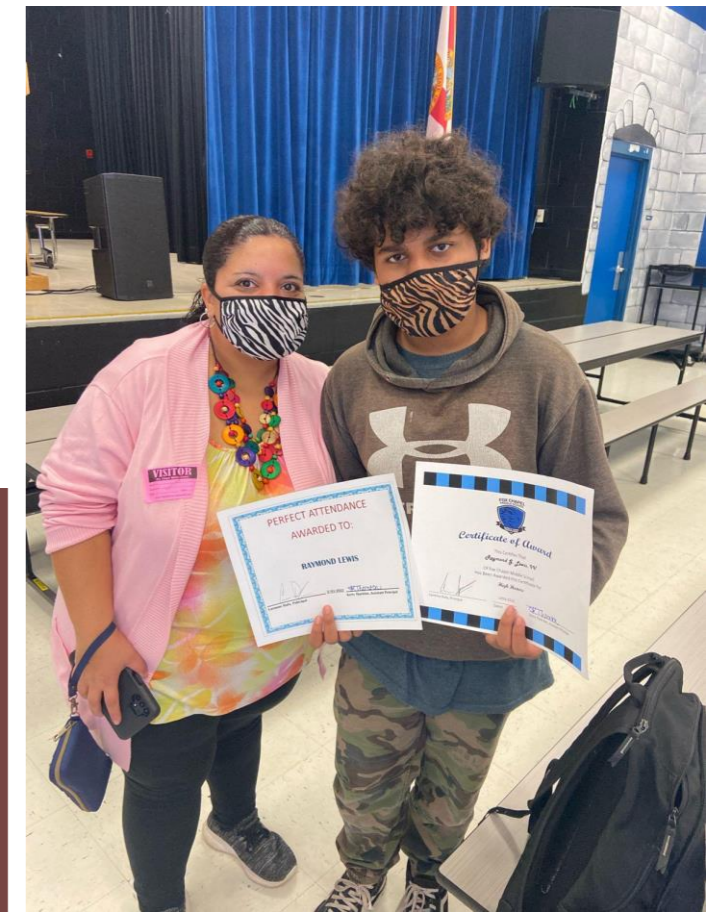
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Thank you for being here today! Please contact us anytime,
Jill Kolasa, Director of Student Services
Janice Smith, Substance Use Educator
352 797 7008

Love it.



Live it.

Learn it.

