

# RESOURCES: ACCESS TO AVAILABLE SERVICES

Knowledge is Power! Know Your Resources,  
Where to Go and What to Do When Feeling Lost



## United Way of Hernando County



# Survey Says...



Counseling



Special Needs



Dental

Behavioral Management



Trauma Therapy



Support Groups

Grief Counseling



Guardianship/Custody



Recreational Activities

Stress Management



Daily Living Skills



# You Are Here...



## What Do You Hope To Gain From This Seminar?

- To better myself for my grandchildren
- How to **better communicate** with my granddaughter
- Some help on how to get my granddaughter in **college**
- Resources and support
- Useful information for understanding each other's needs and ways to get through each day peacefully
- What resources are available as a **caregiver**
- General info on what is available to help with raising my grandson
- Learn how to cope with **different ages and stress reduction**
- Where to go for answers and if I need mental health for my grandson.
- What resources are available when things start getting to tight.
- Better understanding of **online safety**
- I hope to gain knowledge to help bring up my granddaughter safely
- I hope to learn how to raise my granddaughter in a safe **loving environment.**
- **Parenting an ADHD child effectively without yelling**
- A better understanding how to deal w/a **teenager's views** in today's times.
- I hope there will be information available on resources and **life planning** for these children when I am no longer here. I also hope there is information dealing with children with **special needs as they get older.**
- Any helpful information and ideas for raising grandchildren without spoiling

# 53

of you expressed interest in knowing more about Available RESOURCES

- I hope there maybe some information on how to handle a trouble teenager
- A better understanding of dealing with a **sassy depressed angry 18 year old**, a **sassy depressed angry 14 year old** and a **sassy depressed and angry 13 year old**. Also to network with other caregivers.
- Resources for help, safety online, and knowledge to help with issues my grandchild may face mentally
- **Help in raising a Great-Grandchild**
- **Is there help gaining guardianship when you cannot afford legal fees?**

# You Are Not Alone.

- Resources, support and networking with other grandparents that understand my situation since they maybe in the same situation

- Greater understanding of resources and meet other grandparents in the same situation.



- I hope to meet others, share contact information, and develop supportive relationships.

- Hoping to meet people in my same position

- Meeting with other grandparents, knowing we aren't the only ones.

# WHO WE ARE

**United Way  
of Hernando**



- *MISSION: To inspire leaders and partners, and mobilize resources to strengthen the lives of people in our community.*



## INITIATIVES

- Health
- Education
- Financial Stability
- Basic Needs/Crisis Prevention



## CALLS TO ACTION

- GIVE
- ADVOCATE
- VOLUNTEER



## CORE VALUES

- Accountability
- Diversity
- Leadership
- Inclusiveness
- Volunteerism
- Loyalty
- Excellence

# WHAT WE DO

## Meeting People Where They're At



ASSEST & ASSIST



- Providing financial assistance to Hernando County residents financially struggling
- Restricted funds used to prevent homelessness, evictions, utility disconnections, & food assistance

- ➔ An elderly veteran diagnosed with stomach cancer fell behind on bills after increased medical expenses. Water bill was past due.
- ➔ A hard working disabled resident fell and could no longer go to work. He was in need of a wheel chair & transportation to their neurologist appointment in Tampa.
- ➔ A grandmother with 2 small children recently survived a stroke, but found herself stressing over not having basic back to school needs for them.
- ➔ A senior became victim of a “get rich quick scheme” and was served with an eviction due to this pushing her behind on rent.
- ➔ A human trafficking survivor called UW from the hospital, for she was being discharged and didn't have a place to live.
- ➔ A homeless man had a job opportunity lined up, but didn't have the right work boots to be on-site.
- ➔ A single mother of 4 with a full time job found herself behind on rent when her landlord increased monthly payments by \$475.

“I just wanted to say THANK YOU & GOD BLESS YOU for helping us with our rent. You all have been a God send to my husband and I. This gives us HOPE that things will all work out.”

–This individual originally communicated they've recently had suicidal thoughts due to financial stress.

# The Question Is...

WHAT  
DO I  
NEED?



WHERE  
DO I  
GO?



# Building Up Your Toolbox

2-1-1

Hernando

**211** maintains a comprehensive database of community resources and provides information and referrals for essential needs like:

- Food
- Housing and Shelter
- Utility Assistance
- Healthcare Services
- Government Services

**211** also can connect people with information and referrals for:

- Transportation
- Legal Services
- Counseling and Support Groups
- Disaster Aftercare
- Everything Else

Call for Information and Community Resources

211

**988** provides crisis support for:

- Thoughts of Suicide
- Mental Health Crisis
- Substance Use Crisis
- Emotional Distress

Call for Suicide Intervention and Crisis Support

988

Whole Person Care

Warm Handoff

Call for Emergencies

911

**911** provides first responder dispatch for:

- Medical Emergency
- Fire
- Reporting a Crime
- Disaster Response
- Life Threatening Situation

988  
SUICIDE & CRISIS  
LIFELINE





# HEALTH



## Premier Community HealthCare

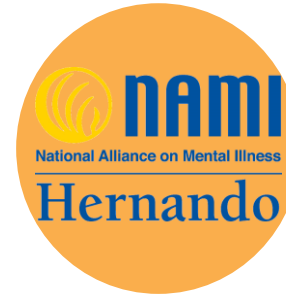
- A Community Health Center with 11 locations (2 within Hernando)
- Provides: behavioral health services, dental, family medicine, pediatrics, podiatry, women's health, special programs, pharmacy
- Patients experiencing financial constraints **will not be denied services**
- [www.PremierHC.org](http://www.PremierHC.org)

## The Y

- Programs that provide healthy spirit, mind & body
- Located on Mariner Blvd.
- Provides: school age programs, youth sports, group exercises, swim lessons, +
- Serves people of all ages, backgrounds, abilities and incomes. \*[Financial Assistance Program](#)\*
- [www.YMCAsuncoast.org/locations/Hernando-County-Branch](http://www.YMCAsuncoast.org/locations/Hernando-County-Branch)

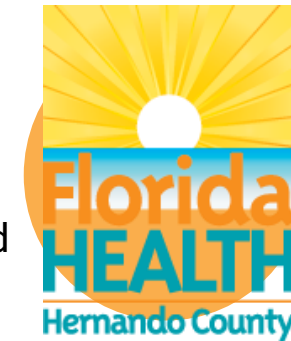
## BayCare

- Focuses on Mental & Behavioral Health, Immediate Care, Primary Care, Specialty Care, Imaging & labs, Follow-Up Care
- Provides: **Case Management & Mobile Crisis Response Team**  
Call (352) 467-OKAY [www.BayCare.org](http://www.BayCare.org)



## NAMI Hernando

- National Alliance on Mental Illness
- Provides: family to family and peer to peer support groups, Mental Health First Aid Training, NAMI Basics, +
- Serves individuals directly or indirectly impacted by mental & behavioral health
- FREE services, support groups, training
- [www.NAMIhernando.org](http://www.NAMIhernando.org)



## Department of Health Hernando

- 2 convenient locations in Hernando
- Provides: clinical & nutrition programs, healthy weight initiatives & activities, wellness programs, environmental health, WIC, and more.
- FREE strollers & car seats available!
- [www.Hernando.FloridaHealth.gov](http://www.Hernando.FloridaHealth.gov)

## Hernando Community Coalition



# EDUCATION



## Hernando County Schools - Student Services

- SS Provides direct support with Anti-Bullying/Harassment/Teen Dating Violence, Behavior Intervention Plan (504), Intervention Groups, Pre-Expulsion Referrals, Student Work Waivers, Teen Parenting +
- **Exceptional Student Services:** Autism, Deaf/Hard of Hearing, Developmentally Delayed, Dual Sensory Impaired, & more!



(10) Elementary Schools  
(7) Middle Schools  
(5) High Schools  
(3) Charter Schools  
Hernando eSchool (VIRTUAL)  
[www.HernandoSchools.org](http://www.HernandoSchools.org)

## Parent Academy

- District Title I initiative offered FREE to parents to promote collaboration between families, schools & community
- Offers a series of **workshops and events** aimed to help families stay engaged with their child's academic and social success.

## Early Learning Coalition

- Focused on school readiness, quality child care, access to providers, enrollment assistance, developmental & inclusion services and screenings, free activities, caregiver education, support & tools
- Scholarships available
- [www.elcph.org](http://www.elcph.org)



## Hernando County Public Library

- (4) Hernando Branches
- Flexible hours & some weekends
- FREE book checkouts & digital rentals, streaming services, access to research tools, activities, and workshops
- <https://HernandoCountyLibrary.us/>



## FURTHERING THEIR EDUCATION

- **Pasco-Hernando State College** (6 locations, including Spring Hill & Brooksville)
- Degrees & Programs, In-Person & Online!
- [www.PHSC.edu](http://www.PHSC.edu)
- **Wilton Simpson Technical College** (Brooksville + Broke Ground!)
- Cosmetology, barbering, law enforcement, welding, +
- <https://www.hernandoschools.org/schools/stc>



## Students & Families in Transition

- Students who are in transition, don't have a temporary address, in shelter, or considered unaccompanied youth.
- Provides: enrollment & transportation assistance, & more

# FINANCIAL STABILITY



## Mid Florida Community Services

- Provides Various Programs on: energy assistance, Family Self-Sufficiency Program/Continuing Education, Emergency Services, Home Energy Assistance for the Elderly, Early Head Start & Head Start, Senior Services, Transportation, House to Home, and Thrift Store.
- [www.MFCS.us.com](http://www.MFCS.us.com)

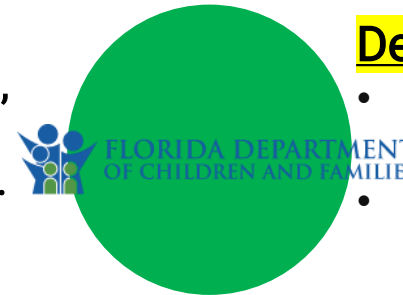


## Florida Master Money Mentors

- FREE financial education to rural and low-to-moderate-income Florida families through UF and Hernando County Cooperative Extension Office
- Develop a spending plan, organizing financial records, understanding credit & planning for the future.
- [www.UnitedWayHernando.org/FMMM](http://www.UnitedWayHernando.org/FMMM)

## United Way of Hernando County

- Assesses emergency needs & focuses on self-sufficiency through Emergency Assistance services, wrap-around resources, access to basic needs, and programs that help save (VITA, RX, school supplies).
- Encourages accountability & budgeting. Qualifications vary based upon needs & household.
- [www.UnitedWayHernando.org](http://www.UnitedWayHernando.org)



## Department of Children & Families

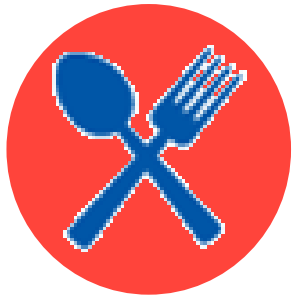
- DCF provides public benefits & services through MyACCESS
- Determines eligibility for: food assistance, Medicaid assistance, temporary cash assistance, homeless & refugee services.
- <https://www.myflfamilies.com/services/public-assistance>

## CareerSource Pasco Hernando

- Connects job seekers to employers!
- Focuses on workforce development, employer opportunities, career opportunities for young adults, and Veteran services
- [www.CareerSourcePascoHernando.com](http://www.CareerSourcePascoHernando.com)



# BASIC NEEDS & CRISIS PREVENTION



## ACCESS TO FOOD

- Over 40 Food Pantries in Hernando County
- Hot Meals
- Mobile Food Distributions (monthly produce for FREE)



## SHELTERS

- Jericho Road Ministry (Women's, Men's, Family)
- Dawn Center (domestic & sexual violence for both men & women)
- The Life Center (for mothers & children)
- Youth & Family Alternatives (New Beginnings Youth Shelter)



## SUPPORT GROUPS

- Grief Support Groups
- Miscarriage Support Groups
- Dementia Care Support Groups
- Grandparent Support Groups



## TRAUMA

- Children's Advocacy Center
  - for those who have been physically and/or sexually abused
  - Provides: forensic interviews, specialized interviews, social assessments, forensic medical exams, advocacy, deposition and court accompaniment, case management, as well as individual and family therapy for child victims and their non-offending family members.
  - Also provides therapeutic treatment for adults who were sexually abused as children

# More to Come...



- Christeen Wingate on Kinship and Support Groups



- Michael Weaver on Legal Services and Guardianship

# Survey Says...

## Grandparents Raising Grandchildren Survey 2023

How often does the following keep you from attending community events or activities?

	Never		Rarely		Often		Always
Access to childcare	44.44%	40	18.89%	17	21.11%	19	15.56%
Transportation	80.00%	72	14.44%	13	2.22%	2	3.33%
Work obligations	43.33%	39	13.33%	12	32.22%	29	11.11%
Programs or events/activities that interest me	30.00%	27	27.78%	25	35.56%	32	6.67%
Language barriers	90.00%	81	7.78%	7	1.11%	1	1.11%
Not aware of events/activities	14.44%	13	28.89%	26	42.22%	38	14.44%
Short notice events/activities	17.78%	16	34.44%	31	35.56%	32	12.22%

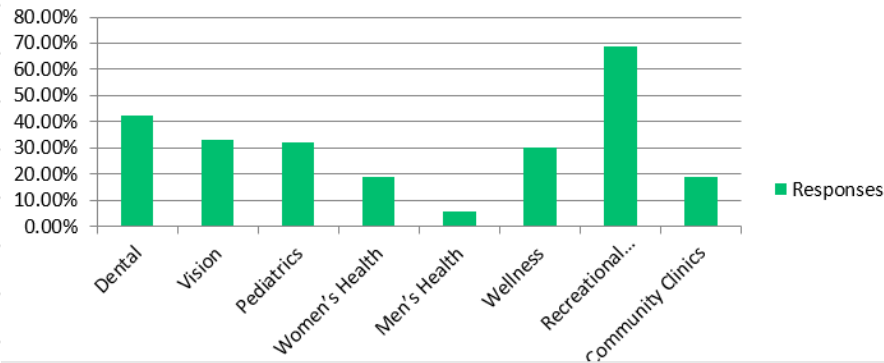
Answered  
Skipped

## Grandparents Raising Grandchildren Survey 2023

For behavioral and mental health services, which topics would you find most helpful to explore or access for your grandchildren?

Answer Choices	Responses	
Stress Management	63.33%	57
Support Groups	44.44%	40
Anxiety & Depression	48.89%	44
Substance Abuse	15.56%	14
Parenting Practices	27.78%	25
Behavioral Management	55.56%	50
Respite	15.56%	14
Other (please specify)		11
<b>Answered</b>		<b>90</b>

For health and wellness services, which topics would you find most helpful to explore or access for your grandchildren?



Answer Choices	Responses	
Financial Aid	33.33%	30
Available Resource Assistance	48.89%	44
Legal Services	26.67%	24
Access to Food	24.44%	22
Childcare	26.67%	24
Employment	8.89%	8
Housing	12.22%	11
Medical Insurance	20.00%	18
Homework assistance	48.89%	44
Bilingual Services	7.78%	7
Other (please specify)		7
<b>Answered</b>		<b>90</b>
<b>Skipped</b>		<b>0</b>

For other services available in Hernando County, which would you find most helpful to explore or access for yourself or for your grandchildren?

