2-1-1 serves approximately 283 million Americans (90.6% of the entire population) covering all 50 states (including 39 states with 100% coverage) plus Washington DC and Puerto Rico.

Yet millions of Americans still need to be connected. In the Tampa Bay area, 2-1-1 Tampa Bay Cares, Inc. provides 2-1-1 services to Pinellas and Hernando Counties.

**WHAT IS 2-1-1?**

2-1-1 is an easy to remember telephone number that connects callers to information about critical health and human services available in their community. While services that are offered through 2-1-1 vary from community to community, 2-1-1 provides callers with information about and referrals to human services for every day needs and in times of crisis. For example, 2-1-1 can offer access to the following types of services:

**Basic Human Needs Resources:**
- food banks, clothing, shelters, rent assistance, utility assistance.

**Physical and Mental Health Resources:**
- crisis intervention services, support groups, counseling, drug/alcohol intervention, rehabilitation, Medicaid/Medicare, children’s health insurance programs.

**Support for Older Americans and Persons with Disabilities:**
- home health care, adult day care, congregate meals, Meals on Wheels, respite care, transportation, and homemaker services.

**Employment Support:**
- unemployment benefits, financial assistance, job training, transportation assistance, education programs.

**Support for Children, Youth and Families:**
- Quality childcare, after school programs, Head Start, family resource centers, summer camps and recreation programs, mentoring, tutoring.
- Volunteer opportunities and donations.

**HOW TO GET CONNECTED**

**Call**
Free | Confidential
Dial 2-1-1 to talk with a caring professional 24/7 in over 150 languages

**Text**
Fast | Convenient
Text your Zip Code to 898211 to communicate with a professional
*Standard text message rates may apply*

**Search**
www.UnitedWayHernando.org/211
Visit the 2-1-1 website to search Hernando’s database

**Chat**
Live chat with one of our professionals. Limited hours are available.

**Media**
Like Us on Facebook
Follow Us on Twitter
twitter.com/211tbc

**Email**
info@211tampabay.org

**BENEFITS TO 2-1-1 USERS**

- One call gives you access to resources across your community. 2-1-1 is efficient, fast and easy to use.
- 2-1-1 is an easy way to find or give help in your community.
- No more wrong numbers; no more wasted time trying to find the right resource(s).
- 2-1-1 is a confidential call; most often the name of the caller is not even taken.
- 2-1-1 maintains the integrity of the 9-1-1 system; saving that vital community resource for life and death emergencies.
- FREE 24-hour/7 day a week availability; 2-1-1 is always there for you.
- 2-1-1 strengthens your community by uniting the people who want to help with those who need help.
- 2-1-1 touches the lives of every person in the community, and whether you are in a situation where you need help or find yourself later in a situation to give help, 2-1-1 is always there for you.

For 2-1-1 Hernando Resources, visit: [www.UnitedWayHernando.org/211](http://www.UnitedWayHernando.org/211)

For information on 2-1-1’s throughout Florida and the United States, visit: [www.211.org](http://www.211.org)