



# QPR Training

Question | Persuade | Refer

November 13, 2023 | 9:30AM– 11:30AM

**Hernando County Emergency Management**

18900 Cortez Blvd, South Brooksville, FL 34601

*\*Breakfast Refreshments Provided*

**This FREE QPR training is intended to teach individuals how to recognize the warning signs of suicide, and provides guidelines on how to:**

- ✓ **Question** a person about potential suicidal thoughts
- ✓ **Persuade** them to seek help
- ✓ **Refer** them to appropriate professional services.
- ✓ **Provide** a list of local and national resources that can assist in need.

Learn the myths and facts of suicide and mental health, and equip yourself with knowledge to help anyone at risk of suicide through QPR.

This Suicide Prevention Training will be hosted by our partners at BayCare Behavioral Health.



**RSVP TODAY**



More Information

[UnitedWayHernando.org/QPR-23](https://UnitedWayHernando.org/QPR-23)

Scan this QR Code to fill out the registration form to RESERVE YOUR SEAT TODAY!