



VOLUNTEER WITH US!

5 DAYS OF CARING

United Way of Hernando County is hosting "5 Days of Caring" during the month of November! This month-long initiative promotes local VOLUNTEERISM & GIVING, bringing people together who have a passion for helping others.

Wk 1



**Friday, November 3rd
CENTRAL'S GREENHOUSE**

WHEN: Friday, November 3rd @ 9:00am - 1:00pm

WHERE: Central High School - 14075 Ken Austin Pkwy, Brooksville, FL 34613

TAKE ACTION: Volunteer for Week #1 and help beautify Central's Greenhouse! From decluttering to fresh paint, our goal is to make this building clean and functional!

- A group of Central teachers have been working diligently to revitalize their agriculture program to offer to ESE students. This program will allow students to grow produce and learn vital life skills.

Volunteers Needed

Wk 2



**Wednesday, November 8th
FOOD DRIVE**

WHEN: Wednesday, November 8th @ 8:30am - 1:30pm

WHERE: Win the Day Foundation - 392 Beverly Court, Spring Hill, FL 34606

TAKE ACTION: Volunteer for Week #2 and help sort, count, and distribute thousands of pounds of food collected during October's "Give Thanks, Give Food" food drive. The following pantries and shelters will be stocked for the holidays:



Volunteers Needed

Wk 3



**Monday, November 13th
QPR TRAINING**

WHEN: Monday, November 13th @ 9:30am - 11:30am

WHERE: Hernando County Emergency Management - 18900 Cortez Blvd, South Brooksville, FL 34601

TAKE ACTION: This FREE QPR training is intended to teach individuals how they can recognize the warning signs of suicide by **Q**uestioning, **P**ersuading, & **R**eferring.

- This Suicide Prevention Training will be hosted by our partners at BayCare Behavioral Health.

RSVP Today

Wk 4



**Monday, November 20th
BORN LEARNING TRAIL**

WHEN: Monday, November 20th @ 9:00am - 1:30pm

WHERE: Tom Varn Park - 301 Darby Ln, Brooksville, FL 34601

TAKE ACTION: Join fellow volunteers for the installation of our 10th Born Learning Trail at Tom Varn Park in Brooksville. Proudly Provided by our partners at Pasco/Hernando Early Learning Coalition.

- Help us dig holes, install posts, drill signs, and paint shapes & hopscotch trails!

Volunteers Needed

Wk 5



**Monday, November 27th
GRANDPARENT SEMINAR**

WHEN: Monday, November 27th @ 9:30am - 2:00pm

WHERE: PHSC Spring Hill Campus - 450 Beverly Ct, Spring Hill, FL 34606

TAKE ACTION: Grandparents caring for their grandchildren are invited to this specialized seminar, geared towards services, resources, & workshops catered to you! In partnership with Hernando County Schools & the Parent Academy, we recognize the crucial role grandparents play in children's lives. Join us for this hands-on, interactive initiative!

RSVP Today

To participate in or volunteer for any of the above activities, visit UnitedWayHernando.org/Volunteer to sign-up! Please contact the UWHC office with any questions 352-688-2026 or email impact@UnitedWayHernando.org