BayCare Behavioral Health

Hernando County

November 2024



Disability Weights Exercise



MH in the USA (NIMH)

Mental Illnesses are common in the United States and around the world. It is estimated that:

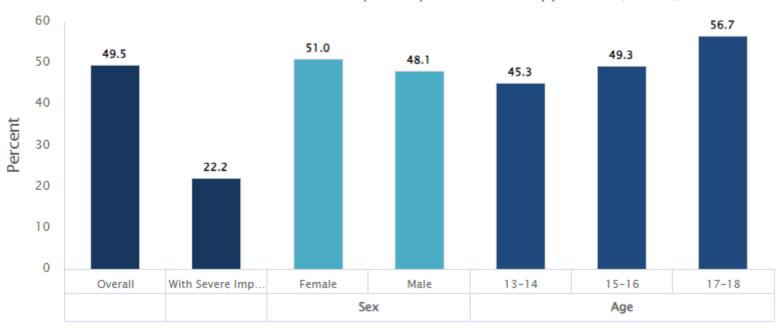
- 1 in 5 US adults experience mental illness each year
- 1 in 20 experience a serious mental illness each year.
- 50% of all mental illness begins by age 14 and 75% by age 24.
- Suicide is the 2nd leading cause of death among people aged 10-14

Lifetime Prevalence of Mental Disorder among Adolescents

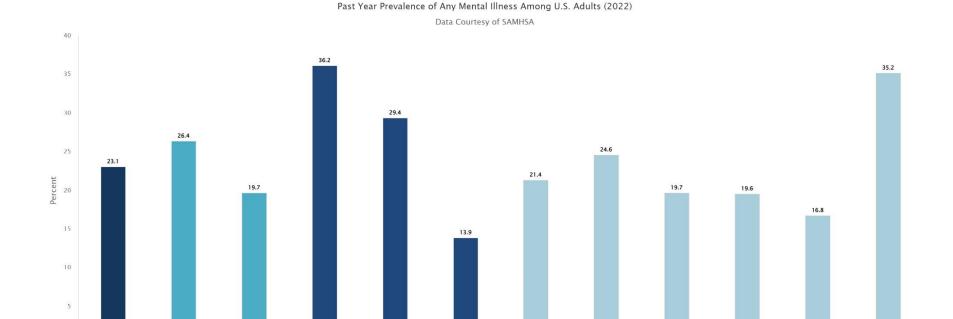
Lifetime Prevalence of Any Mental Disorder Among Adolescents (2001–2004)



Data from the National Comorbidity Survey Adolescent Supplement (NCS-A)



Past year prevalence of any MH illness among US Adults.



50+

Hispanic or Latino®

Black or African American

Race and Ethnicity

2 or More

26-49

Age

18-25

Female

Sex

Suicide rates

According to the Centers for Disease Control and Prevention in 2022:

- Suicide is a leading cause of Death in the United States.
 It was responsible for 49,449 deaths. (1 death every 11 minutes)
- Suicide rates are still significantly higher among males than females. Males accounted for 38,358 deaths and females accounted for 9,825.
- People ages 85 and older have the highest rates of suicide.

Need Help

- 988
- Mobile Crisis Response Team 352-467-OKAY(6529)

BayCare Behavioral Health Hernando County Adult Services

Substance Use and Mental Health Services

- Office Based Counseling: individual, family and group.
- Psychiatric Medical Services: evaluation & medication management. Medication Assisted Treatment (SUD)
- Behavioral Health Consultant (BHC): Case Management for substance abusing parent with DCF involvement.
- Family Intensive Treatment Team (FITT): intensive inhome treatment & wrap around services to child welfare involved, substance abusing families with child <10 yrs.
- Mental Health Court: on site clinician & case manager.
- Drug Court: on site clinician and group and Peer services.

BayCare Behavioral Health Hernando County Adult Services

Substance Abuse and Mental Health Services cont'd

Forensic Case Management: linkage, advocacy and monitoring, community restoration.

Mobile Response Team: Clinician, CM and Mentor respond to individuals experiencing a MH crisis. Safety plans if possible, follows for 30 days while linking to services.

FACT Team (New): Florida Assertive Community Team provides wrap around services to individuals with SPMI in an attempt to maintain gains and stay in community.

Services Continued.....

- Supportive Living SPMI Housing
- Prevention Services
 - Wellness Recovery Action Planning
 - Active Parenting
 - Dawn Center
 - Park Outreach
- Residential Co-Occurring Substance Abuse: Community Recovery Center 1.85 beds.
- Detox: Adult Treatment Center 2.0 beds.

BayCare Behavioral Health Hernando County Children's Services

Child Substance Abuse and Mental Health Services

- Office Based Counseling: individual, family and group.
- In Home/On-Site Counseling: school, home, etc. (TBOS)
- Targeted Case Management: linkage, advocacy and monitoring.
- Psychiatric Medical Services: evaluation and medication management.
- **CAT Team (Children's Assertive Team)**: Provides intensive wrap around services in the highest level of care in the community in order to forestall home/community removal

Services Continued.....

- Inpatient Psychiatric (Pasco ICSU)
- C.H.A.T. Community Health Activation Team

Offers outreach & prevention services using focused on the 7 National Prevention Strategies. CHAT services include coping skills classes, screening and linkages to behavioral health services for priority populations, substance abuse prevention classes and community events, including Teen Court.

Classes include:

Botvin's Life Skills Curriculum, Project Alert, Project Toward No Drug Abuse, Creating Lasting Family Connections, Mental Health First Aid, Resiliency, Active Parenting, Catch My Breath, Positive Action

Children's Continuum of Care

SIPP

CAT

TBOS

Outpatient

Prevention

Community Involvement

- Baker Act Committee
- Hernando Community Coalition
- AHEC (Smoking Cessation)
- Hernando County Children's Alliance
- Hernando Homeless Coalition
- Headstart Health Services Advisory Group
- Problem Solving Courts (Drug Court, Mental Health Court and ECC)
- Public Safety Coordinating Council
- CHIPP
- People Helping People
- Circuit 5 Local Review Team
- Hernando County MH School Continuum of Care Committee & Student Services
- HC Substance Abuse Advisory Committee
- COAD (Community Organizations Active in Disaster)

For more information

If you have questions, please visit our website at:

BayCare.org/BehavioralHealth

Or contact the Registration Center at:

1-866-762-1743

Sandra Marrero, Clinical Manager (352) 540-9335, ext. 316130